

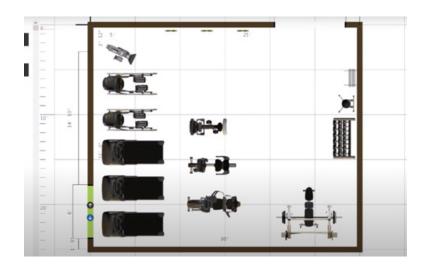


OUR STORY

The best things about Fitness Things is that we're all about you. Your goals. Your vision. Your desire to provide the very best experience that today's fitness enthusiasts expect. No matter your facility's size or budget, we partner with you to design multiple floor plan solutions and while offering you a variety of trusted, affordable equipment that's built to last. And when the job is complete, we keep on delivering with a dedicated Customer Service Team that assures our clients receive the best experience possible for many years to come. With Fitness Things, you gain a partner vested in your short and long-term goals.

From start to finish, Fitness Things is your single source solution.

- EQUIPMENT SALES
- DESIGN & CONSULTING
- DELIVERY & SETUP
- EQUIPMENT SERVICE
- PREVENTATIVE MAINTENANCE
- SERVICE SUBSCRIPTIONS

















MATRIX

















TABLE OF CONTENTS

MEDICAL 4-7

TREADMILLS 8

ELLIPTICALS / CROSS TRAINERS 9

BIKES 10-12

CLIMBERS 13

ROWERS 14

FUNCTIONAL TRAINERS 15

MULTI-STATION 16

SELECTORIZED 17

FREE WEIGHTS & BENCHES 18-20

FLEXIBILITY 21

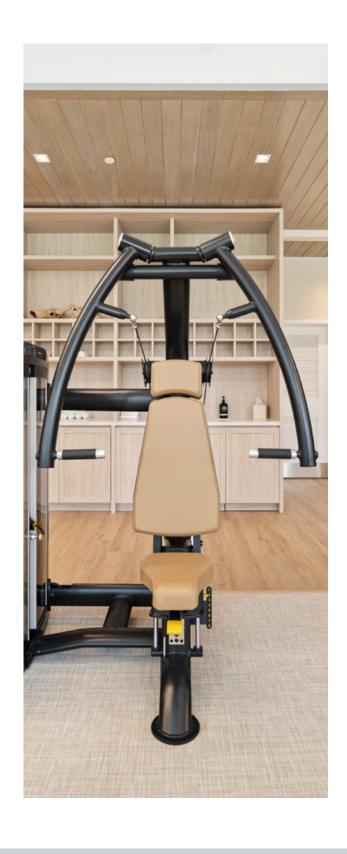
ACCESSORIES 22-23

FLOORING 24

CLEANING 25

EQUIPMENT PACKAGES 26

SERVICE & PREVENTATIVE MAINTENANCE 27









TRUE FITNESS 400 COMMERCIAL TREADMILL w/ MEDICAL HANDRAILS

The C400 provides your commercial facility reliable performance and a high-quality experience with features like HRC Heart Rate Control® and TRUE'S low-impact Soft System®. In addition, the C400 is the ideal choice for rehabilitation use at health and medical facilities with a low speed of only .2 mph. A variety of console options provide the technology, features, and asset management needed for your facility.

MSRP \$7899 YOUR PRICE **\$5150**



SPIRIT MT200 GAIT TRAINER TREADMILL

The MT200 features one speed control motor, an incline motor, and a decline motor. Three motors together help users to achieve bidirectional training in combination with uphill or downhill protocols. Adding more versatility to exercise and therapy options, the parallel bars, deck height, and belt speed acceleration are adjustable in small and precise increments. Biofeedback is offered for clinicians to accurately assess user gait performance. Feedback includes the symmetry index, which is particularly outstanding for clinicians to condition users' step and cadence.

MSRP \$10999 YOUR PRICE **\$6760**



SCIFIT AC5000M MEDICAL TREADMILL

With a low starting speed of .1 mph, adjustable in .1 increments, the AC5000 makes it easy to start progressing toward your goals. In addition to its low starting speed of .1 mph, the AC5000M Medical Treadmill increases your options with reverse motion up to 4 mph and a -3% decline for downhill training. Includes 2 handrails.

MSRP \$9310 YOUR PRICE **\$7490**







SPIRIT CRS800S RECUMBENT STEPPER

The CRS800S Recumbent Stepper makes total-body exercise accessible for a wide variety of users. Regardless of age or physical ability, the CRS800S offers a variety of features that take the effort out of getting on and working out. The step-through frame design, retractable armrests, and swiveling seat assembly allow easier machine entry/exit. Multi-grip adjustable handles, oversized cushioned pedals with adjustable straps, adjustable armrests, and a 4-way adjustable high-density foam seat with 360-degree swivel create a comfortable workout experience.

MSRP \$5399 YOUR PRICE **\$3200**



OCTANE FITNESS XR6000 RECUMBENT ELLIPTICAL

Challenge your members to test ride the Octane Fitness xRide xR6000 seated elliptical for a workout to remember. Quite simply, the Octane Fitness xRide xR6000 seated elliptical outperforms any other seated product on your fitness floor. Studies show that exercisers use 343% more glutes and burn 23% more calories on the xRide xR6000 compared to a recumbent bike. Features a swyel seat for easy accessibility.

MSRP \$7999 YOUR PRICE \$4899



SCIFIT STEPONE RECUMBENT STEPPER

The StepOne™ Recumbent Stepper provides a smooth, total body functional movement. It features low starting resistance, direct wheelchair access, adjustable arm length and handle angle, customizable programs and documentation to help users reach their goals. Optional swivel seat available.

MSRP \$6879 YOUR PRICE **\$5150**







SCIFIT PRO1 UPPER BODY

This versatile, highly adjustable upper body exerciser can be used seated or standing. It is also ideal for ground-based training. Adjustable tilt head for all heights and ranges of motion. True, adjustable step-through accessibility. Wheelchair platform included.

MSRP \$6479 **YOUR PRICE \$4100**



SCIFIT PRO2 TOTAL BODY

The industry's most versatile rehabilitation tool, the PRO2® is an upper body exerciser and lower body recumbent bike in one for a total body solution. Dependent upper and lower cranks enable passive assistance. Dependent motion allows stronger extremities to assist weaker ones. Easy access with true, adjustable step through and removable seat for wheelchair accessibility.

MSRP \$6679 **YOUR PRICE \$4450**



CYBEX 525AT TOTAL BODY ARC TRAINER

The Cybex 525AT is ideal for workout spaces where space is at a premium. It delivers the legendary calorie burn, performance, and flexibility of all Arc Trainers, but in a streamlined package that delivers outstanding value. The Arc Trainer® burns up to 16% more calories than competing ellipticals or cross trainers. It reduces knee strain by 83% and improves muscular endurance by 38%.

MSRP \$7269 **YOUR PRICE \$5379**

MEDICAL





SCIFIT CORE STIX

Core Stix is a functional trainer that uses rods (Stix) to guide exercisers toward their fitness goals. It is a simple, versatile tool that encourages progress by helping people who need assistance, and giving resistance to those who are looking for more of a challenge. It's a heavy-duty, lightweight and portable system that uses fiberglass poles (Stix) for resistance and assistance.

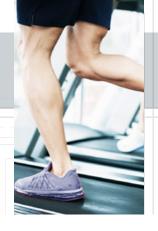
MSRP \$2859 YOUR PRICE \$2350



When it comes to discipline and perseverance, few workouts will challenge you more than those on the Upper Body Ergometer. Whether used in a rehabilitation setting or high performance fitness center, the StairMaster HIIT UBE adjustable tower, convertible crank arms and comfortable grips let you tailor the workout with the right range of motion for your shoulders, back, wrists, and elbows. An optional ramp and removable bench allows wheelchair access and meets ADA criteria.

MSRP \$4499 YOUR PRICE **\$3100**

TREADMILLS





STAR TRAC 4 SERIES TREADMILL

The 4-Series cardio line from Star Trac® is the perfect solution for the hospitality and multi-housing markets. With premium full color flat panel displays, quick select adjustment keys, and optional personal viewing screen, the 4 series provides smaller facilities with the look and performance of a full commercial product.

MSRP \$4649 YOUR PRICE **\$2790**



TRUE FITNESS 200 COMMERCIAL TREADMILL

For facilities where fitness is one of many offerings, the 200 Series treadmill provides essential features and functions that meet your space and budget needs. With premium features, such as HRC Heart Rate Control® and TRUE'S low-impact Soft System®, the 200 treadmill will exceed the expectations of experienced users as well as beginners.

MSRP \$6499 YOUR PRICE **\$4200**



LIFE FITNESS INTEGRITY SERIES TREADMILL

The Integrity Series Treadmill is the evolution of the trusted Life Fitness workhorse with three different unit options. Multiple console choices let facilities choose the experience their exercisers want. Each treadmill offers wireless internet connection. Integrity Treadmills are for those who want a sleek design and intuitive console with added workouts, or those who just want to get on and go.

MSRP \$8039 YOUR PRICE \$6200

ELLIPTICALS / CROSS TRAINERS



STAR TRAC 4 SERIES ELLIPTICAL

The 4 Series cardio line from Star Trac is the perfect solution for the hospitality and multi-housing markets. With premium full color flat panel displays, quick select adjustment keys, and optional personal viewing screen, the 4CT provides smaller facilities with the look and performance of a full commercial product.

MSRP \$3499 **YOUR PRICE \$2399**



TRUE FITNESS 200 ELLIPTICAL

The TRUE 200 Elliptical combines the durability and performance expected all over the world from TRUE at a value to meet your budget demands.. The 200 provides an effective, low-impact workout that delivers optimal results. Covered with a solid warranty, the 200 will meet the demands of use for years to come.

MSRP \$5499 **YOUR PRICE \$3395**



OCTANE FITNESS PRO3700 ELLIPTICAL

The Pro3700 Classic elliptical machine offers the same high-end performance features and exceptional quality at an unbeatable value. The Pro3700 Classic features the natural, smooth motion that Octane is known for with close pedal spacing along with the MultiGrip and Converging Path handlebars so it fits different size users.

MSRP \$5999 **YOUR PRICE \$3689**



LIFE FITNESS INTEGRITY SERIES ELLIPTICAL

Designed to offer a natural-feeling motion and an effective low-impact cardio workout for a wide range of exercisers. Multiple console choices let facilities choose the experience their exercisers want—create an engaging cardio experience with easy access to entertainment and fitness apps, or allow for intuitive get-on-and-go workouts.

MSRP \$6810 **YOUR PRICE \$4590**







STAR TRAC 4 SERIES RECUMBENT BIKE

The 4RB Recumbent Bike from Star Trac features a convenient walk-through design that allows easy, unimpeded access to the seat during entry and exit, which is especially beneficial to active aging and those in rehabilitation who may have difficulty or discomfort lifting their legs or climbing into a seat saddle. A ventilated seat back provides support on the lower back allowing a more comfortable experience during periods of extended riding.

MSRP \$3070 YOUR PRICE **\$2026**



TRUE FITNESS 200 RECUMBENT BIKE

The TRUE 200 Recumbent Bike provides the essential features and functions that meet your space and budget requirements. The design of the recumbent bike is meant to reduce back stress while comfortably distributing weight and maximizing support. The 200 offers simple programming, making exercise an easy and enjoyable process for users of all ages and fitness abilities.

MSRP \$3399 YOUR PRICE **\$2195**



LIFE FITNESS INTEGRITY SERIES RECUMBENT BIKE

Multiple recumbent bike combinations offer comfortable and inviting experiences for any exerciser. The Integrity Series benefits from a sleek and modern design, and is rooted in more than 20 years of reliability and innovation. Each bike offers wireless internet connection, which provides valuable asset management data and insights about your exercisers.

MSRP \$4269 YOUR PRICE **\$3201**







TRUE FITNESS 200 UPRIGHT BIKE

The CS200 upright bike is built on a custom-designed, racetrack-inspired steel frame that is a perfect complement to any exercise facility. TRUE uses the most durable materials available in this class to ensure the CS 200 upright bike will look good for the long haul.

MSRP \$2699 YOUR PRICE **\$1795**



STAR TRAC 4 SERIES UPRIGHT BIKE

The 4UB Upright Bike from Star Trac is a light institutional rated stationary exercise cycle offering 40 levels of electronic resistance for cardiovascular exercise. Star Trac's SOFT TRAC pedals are cushioned to keep pressure off the bottoms of the feet. Elbow supports and racing style handlebars provide comfortable arm and hand positions to create a more realistic cycling experience.

MSRP \$2768 YOUR PRICE \$1826

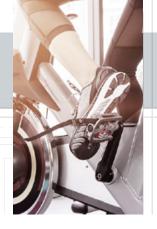


LIFE FITNESS INTEGRITY SERIES UPRIGHT BIKE

Multiple upright bike combinations offer comfortable and inviting experiences for any exerciser. The Integrity Series benefits from a sleek and modern design, and is rooted in more than 20 years of reliability and innovation. Each bike offers wireless internet connection, which provides valuable asset management data and insights about your exercisers.

MSRP \$2976 YOUR PRICE **\$3969**







SCHWINN AC PERFORMANCE INDOOR BIKE

For a high-quality, lightweight stationary workout bike, look no further than the AC Performance Plus from Schwinn. With an aluminum frame and weighing only 112 pounds, this bike is a clear winner in lightweight performance. Still, it's a serious exercise machine that can be optimized for each user to ensure maximum results, be they in distance, endurance, calories burned, and more.

MSRP \$1649 YOUR PRICE **\$1071**



OCTANE FITNESS AIRDYNE ADX FAN BIKE

Building on the Airdyne's long heritage of innovation and performance, the self-powered AirdyneX boasts Octane's trademark durability, with heavy-duty construction and a moisture-repellant frame. With a user-defined pace and resistance, the AirdyneX accommodates all exercisers; from beginners to athletes.

MSRP \$1799 YOUR PRICE \$1170

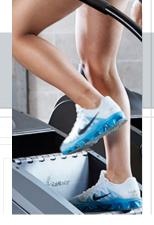


LIFE FITNESS IC5 INDOOR CYCLE

The IC5 combines innovative design with precision engineering and high-quality mechanical components. Bluetooth pairing, ANT+ data streaming, advanced magnetic resistance and an intuitive LCD combine to deliver a powerfully engaging exerciser experience that includes data exchange between devices and the Coach By Color intensity guide.

MSRP \$2689 YOUR PRICE **\$2000**







STAIRMASTER 4G STEPMILL

As the newest addition to the StairMaster family, the 4G delivers the same heart-pounding StepMill workout with a great calorie burn through a low-impact stair climb. With a footprint of 54" x 29" and a height clearance of only 8 feet, the 4G is the solution this market has been missing. Available with a variety of OpenHub console options, safety-stop sensor and a redesigned handrail system that supports multiple climbing positions and includes integrated speed and stop controls for a better user experience.

MSRP \$7299 YOUR PRICE **\$4400**



TRUE FITNESS PALISADE CLIMBER

Offering premier safety features, best-in-class serviceability and versatile ease-of-use, TRUE's Palisade Climber has been crafted to be rich in experience for exercisers and easy to maintain for your facility. Multiple console options provide customizable features, technology, and asset management capabilities for enhanced user engagement.

MSRP \$10000 YOUR PRICE **\$6200**



STAIRMASTER 8Gx STEPMILL

Introducing the all-new StairMaster 8Gx! This powerhouse product provides a superior combination of cardio and strength training with features like a durable, rust free polypropylene construction, ergonomic handrails to support multiple climbing positions and an all-new drive train that delivers smooth, quiet performance. Its combination of quality and innovation delivers a workout that's quite literally a step up compared to everything else in the gym.

MSRP \$10199 YOUR PRICE **\$6500**







SPIRIT WATER ROWING MACHINE

The Spirit Fitness CRW800H20 Water Rowing Machine is a fresh take on one of the most popular full-body workouts available. Constructed with heavy-duty dual aluminum slide rails that are built to last, without compromising the smooth and quiet performance you expect from a premium water rowing machine. The water tank allows for up to 6 levels of resistance and is positioned at a 45-degree angle to provide an increased range of resistance compared to other rowers on the market.

MSRP \$2399 YOUR PRICE \$1600



OCTANE FITNESS RO ROWER

With combined fan and magnetic brake resistance, the Octane Ro provides a broader range of intensity levels to facilitate easy warm-ups to all-out HIIT intervals, and everything in between. Beginners to athletes can benefit from this progressive resistance that offers continuous challenge to inspire powerful performance and yield results.

MSRP \$2199 YOUR PRICE **\$1260**



STAIRMASTER HIIT ROWER

Recognized as one of the top fitness activities, rowing has exploded into HIIT Training as a true total body exercise, and no one knows HIIT better than StairMaster. The StairMaster HIIT Rower uses fan-based resistance ideal for rowing as it accommodates the user's fitness level.

MSRP \$2099 YOUR PRICE **\$1260**

FUNCTIONAL TRAINERS





HOIST FITNESS MI5 FUNCTIONAL TRAINER

The Mi5 features two cable arms with two planes of movement. A unique three-point cable adjustment system allows for more than 1,000 cable adjustment variations. Both arms can move vertically through 22 different height adjustments. Additionally, each arm can move independently through 7 positions and 160 degrees accommodating users of all heights and size. The Mi5 also features a built-in tablet and accessory holder, water bottle holder and weight lock for suspension exercises.

MSRP \$3299 **YOUR PRICE \$2100**



TRUE FITNESS FS-100 FUNCTIONAL TRAINER

With the ultimate in versatility and a host of integrated accessories, your members can tailor their workout based on their needs. With commercial quality construction and premium aesthetics, the FS-100 is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

MSRP \$4199 **YOUR PRICE \$2561**



TRUE FITNESS XFT-100 FUNCTIONAL TRAINER

Rotating vertical adjustment columns and multi-position Extreme Swing Arms allow unrestricted movement in multiple planes making the value engineered XFT-100 the ideal tool for sports performance, athletic conditioning and fitness training in any facility where space and budget are limited.

MSRP \$6299 YOUR PRICE \$3842

MULTI-STATION





TRUE FITNESS MP 2.0 MULTI-USE STATION

The MP 2.0 includes 2 weight stacks and 3 workout stations. Offering premium styling and optimum function, the MP Series represents the best value-priced two, three, and four stack multi-purpose units on the market today. With commercial quality construction and proper biomechanics, MP is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes.

MSRP \$8699 YOUR PRICE \$5400



TRUE FITNESS MP 2.5 MULTI-STATION

The MP 2.5 includes 2 weight stacks and 4 workout stations. Offering premium styling and optimum function, the MP Series represents the best value-priced two, three, and four stack multi-purpose units on the market today. With commercial quality construction and proper biomechanics, MP is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes.

MSRP \$10999 **YOUR PRICE \$6999**



HOIST 6-STATION SINGLE POD

The HOIST Commercial Multi Jungle System can be configured to meet both the needs of your facility and the fitness requirements of your members. Expand the jungle from the standard (4) station pod to a (9) station or (14) station with the additions of the Crossover Pull-up Bar (CMJ-OPT-01). The Jungle System keeps users interested by offering the ability to work their entire body and the flexibility to define their own exercises.

MSRP \$10750 YOUR PRICE \$8000







TRUE FITNESS SELECTORIZED LINE

Modern style meets space efficient design for a strong value in the strength category. Fitness Line is ideal for any facilities where space and budget are limited. The Fitness Line has 12 individual machines to choose from.

MSRP \$3799

YOUR CHOICE \$2280/ EACH



LIFE FITNESS AXIOM SELECTORIZED SERIES

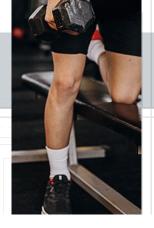
This multi-exercise machine offers nearly limitless strength training options and a centerpiece for individual workouts, personal training sessions, and small group training.

MSRP \$4623

YOUR CHOICE \$3800/ EACH



FREE WEIGHTS & BENCHES





VTX CAST IRON KETTLEBELLS

Intended to increase strength, agility, endurance and balance, our Troy VTX Cast Iron kettlebells will give you a total body workout. With a larger, ergonomically rounded handle, it is perfectly suited for single or dual hand core body movements. A quality finish creates less friction when changing hand positions on transitional lifts. Set of 10 includes: 5 lb, 10 lb, 15 lb, 20 lb, 25 lb, 30 lb, 35 lb, 40 lb, 45 lb, and 50 lb kettlebells.

MSRP \$396 **YOUR PRICE \$285**



VTX 8 SIDED RUBBER ENCASED DUMBBELLS 5-30 LB.

For over a decade, our VTX 8 sided, rubber encased dumbbell has been the go-to choice of institutions nationwide because of its rugged design and enduring performance. Its proprietary rubber surface helps to reduce noise and protect floors and equipment, while solid steel, chrome ergo handles are medium knurled to provide a firm, comfortable grip. 6 pairs include 5, 10, 15, 20, 25, 30 lbs.

MSRP \$646 YOUR PRICE \$465



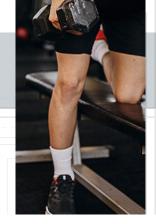
VTX 8 SIDED RUBBER ENCASED DUMBBELLS 5-50 LB.

Our Troy line of SD-R VTX 8 sided rubber encased dumbbells are perfect for home use or in an institutional setting. These dumbbells will help reduce noise and protect flooring and equipment. Built with all steel chrome contoured handles, our VTX rubber encased dumbbells are built to last. 10 pairs include 5, 10, 15, 20, 25, 30, 35, 40, 45, 50 lbs.

MSRP \$1520 YOUR PRICE \$1095



FREE WEIGHTS & BENCHES





VTX 8-PAIR DUMBBELL RACK

This VTX Dumbbell Rack features quality steel construction with dumbbell racking wear guards to help protect dumbbell handles and the rack from scratches that can lead to the corrosion process. The GVDR-8 also offers a compact footprint, helping to maximize space, and an attractive chrome top with embossed VTX logo. This 2-sided vertical dumbbell rack is light commercial grade, ideal for home use, school weight rooms, physical therapy clinics and other light commercial fitness facilities.

MSRP \$267 YOUR PRICE \$192



VTX KETTLE BELL / ACCESSORY RACK

Our VTX GKBR-3 is a stylish, space saving, small footprint rack that conveniently stores multiple Kettlebells, bands, jump ropes and other accessory pieces. With its 4 shelves, 4 hooks and corner design, the VTX GKBR-3 is the perfect solution for facilities or homes with limited space.

MSRP \$302 YOUR PRICE \$217

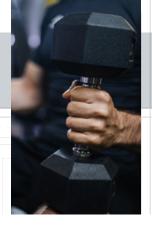


VTX 13-PAIR VERTICAL DUMBBELL RACK

Save space! This compact rack fits well in a convenient spot in the middle of the room where you can access it on all 4 sides. Compare to horizontal dumbbell racks that take up much more floor space. The user-friendly design features open slots for the dumbbells so you can grab the dumbbells firmly while picking up or racking them.

MSRP \$413 YOUR PRICE \$297

FREE WEIGHTS & BENCHES





VTX 2-TIER HORIZONTAL DUMBBELL RACK

This rack features an open-slot design to allow you to reach your hand around each dumbbell handle firmly as you put it up or set it down, unlike flat shelf style racks where your hand can bang against the shelf more easily. Holds 5-50lb Run of Hex Dumbbells (10 Pairs).

MSRP \$338 YOUR PRICE \$243



TRUE FITNESS FLAT/INCLINE/DECLINE **BENCH**

The FS-20 flat/incline/decline bench is a high-quality compact, utility bench. It is padded so your customers can stay comfortable as they perform their workouts. The flat/incline/decline bench comes with wheels for easy moving around your gym facility. Both trainers and customers can easily adjust the placement to allow for more space. 6-position adjustment ranging from -10 to 80 degrees.

MSRP \$699 YOUR PRICE \$461



LIFE FITNESS AXIOM SERIES ADJUSTABLE **BENCH**

The Axiom Series Adjustable Bench adjusts six ways, including flat and incline, to support a variety of workouts for exercisers who use free weights. Angled lumbar pad provides ultimate comfort and biomechanical support. Medium sized wheels create an easy, low profile form of transportation. 6 Adjustment angles: 0°,15°,30°,45°,60°,75°.

MSRP \$1269 YOUR PRICE \$939







LIFE FITNESS AXIOM SERIES FLEXIBILTY TRAINER

The Axiom Series Flexibility Trainer supports proper body position for stretching and uses gravity to stretch all major muscle groups in a compact design. Pivot system allows user to have a greater range of movement to accommodate various body types and levels of flexibility.

MSRP \$1496 YOUR PRICE **\$1200**



TRUE FITNESS STRETCH CAGE

The TRUE Stretch Cage is a revolutionary concept that uses the natural approach to flexibility training. It helps users look and feel better while reducing their risk of injury. The TRUE Stretch Cage provides a dedicated, self-contained stretching area that allows users a safe platform for comprehensive stretching to increase flexibility. The TRUE Stretch eliminates the need for floor-based stretching or leaning uncomfortably over other equipment.

MSRP \$3600 YOUR PRICE **\$2200**

ACCESSORIES





HAMPTON FITNESS HEROSTRENGTH "HERO-LLER" FOAM ROLLER

Textured surface offers a superb feel allowing the user to apply significant but bearable amounts of pressure on both muscle and tissue for a true pain/pleasure experience. Use the "HERO-LLER" to improve mobility in joints and to relieve muscles after strenuous training sessions.

MSRP \$39 YOUR PRICE \$30



BOSU NEXGEN PRO BALANCE TRAINER

The BOSU® NexGen™ Pro Balance Trainer has a textured dome with 4 quadrants to help with grip and positioning. These quadrants allow for precise body position and cueing while working on cardio, agility, strength, core, balance or mobility exercises. It is designed with a patented non-slip, dually over-molded base meant to withstand continual daily gym usage.

MSRP \$199 YOUR PRICE \$165

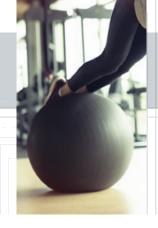


HAMPTON FITNESS HEROSTRENGTH STABILITY BALLS CLUB PACK 3

HeroStrength Stability Balls are excellent for core stability, balance, abdominal work, and stretching. Made from high-quality vinyl designed to support 500 lbs. of weight. Includes 55cm, 65cm or 75cm balls, storage stand and air pump for adjusting pressure.

MSRP \$249 YOUR PRICE \$200

ACCESSORIES





HAMPTON FITNESS HEROSTRENGTH FIT BANDS (SET OF 8)

HeroStrength Fit Bands provide workouts that are perfect for personal training, physical therapy, and home gyms.continual daily gym usage. HeroStrength® Fit Bands work your arms, back, legs, and gluteal muscles. HeroStrength Fit Bands come in 8 different colors and sizes.

MSRP \$320 YOUR PRICE \$280

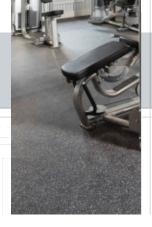


HAMPTON FITNESS HEROSTRENGTH REMEDY BALL CLUB PACK 10 - LITE

The Club Pack 10 Lite includes 10x HeroStrength "Remedy" Balls + 1x Vertical-10 Rack. The breakdown of each medicine ball weight is as follows: 4lb (2x), 6lb (2x), 8lb (2x), 10lb (2x), 12lb (2x). These vibrantly colored balls have a unique texture that is meticulously designed to offer the absolute best grip possible through their extremely durable polyurethane virgin rubber and reinforced inner rubber bladder with adjustable air pressure.

MSRP \$699 YOUR PRICE \$500







ECORE ROLLED FLOORING (PER SQ. FT.)

Basic Rolls and Tiles are the "original" composition rubber fitness floor. Available in rolls and tiles, this durable surface sets the standard for performance, quality, and affordability. Rolls are 48" wide.

MSRP \$2.93/ sq. ft. YOUR PRICE **\$2.40/ SQ. FT.**



ECORE PUZZLE TILE FLOORING (23" x 23")

Basic Rolls and Tiles are the "original" composition rubber fitness floor. Available in rolls and tiles, this durable surface sets the standard for performance, quality, and affordability.

MSRP \$15.23/ tile
YOUR PRICE \$14/ TILE



ECORE RAGETURF MOTIVATE

RageTurf Motivate features a dense, textured polyethylene surface layer, making it ideal for footwork drills and sled work. Surface layer is a 12mm Polyethylene Turf, with proprietary itsTRU® technology fusion-bonded layers finished with a 5mm Vulcanized Composition Rubber base layer.

MSRP \$10.64/ sq. ft. YOUR PRICE **\$8.50/ SQ. FT.**

CLEANING



ATHLETIX ACRYLIC X-WIPE WALL-MOUNTED DISPENSER

This wall-mounted wipe dispenser is durable and sturdy, and has no complicated moving parts. The simple center pull design eliminates the need for levers, dials, or cranks. The semi-transparent, grey-colored dispenser allows your staff to see when the ATHLETIX Equipment Cleaner wipes are running low. When it is time for a refill, open the dispenser utilizing the permanently attached key. Follow the loading instructions on the bag, thread the wipe through the opening, and lock the unit.

MSRP \$59

YOUR PRICE \$35



ATHLETIX DISINFECTANT WIPES

Versatile disinfectant wipes for gyms and general facility wipes. They are not only ammonia free and alcohol free hand wipes, but they also kill CA-MRSA, MRSA, STAPH, VRE, and Influenza A2. Athletix Disinfectant Wipes for gyms are EPA registered in all 50 states. The Athletix Disinfectant Wipes are ortho-phenylphenol free and bleach free. The Athletix Disinfectant Wipes are ammonia free and alcohol free.

MSRP \$120

YOUR PRICE \$105



ATHLETIX X-WIPES STAINLESS STEEL DISPENSER W/TRASH CAN

Athletix Equipment Cleaner wipes are dispensed from a preloaded bucket placed under the removable lid, while used wipes and other waste may be discarded into the receptacle through the gusseted hole in the front of the stand. The waste receptacle is easily accessed for emptying via the flush-fitting door in the back of the stand. The Athletix Stainless Steel Floor Stand is sturdy and compact, standing 36" tall and 13.5" in diameter.

MSRP \$495

YOUR PRICE \$395

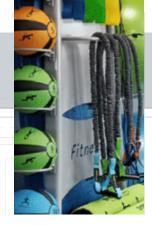
WIPES - YEARLY SUBSCRIPTION

Receive 4 cases of wipes quarterly. That's four (4) rolls of 900 wipes per roll - 3,600 wipes per quarter.

STARTING AT \$600/ YEAR

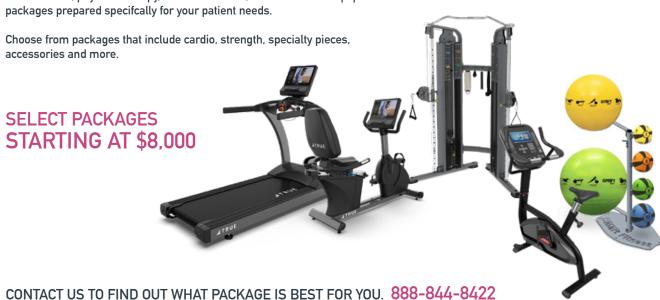


EQUIPMENT PACKAGES



DON'T HAVE TIME TO SHOP OUR CATALOG?

Are you not sure where to start when it comes to selecting the proper equipment for your facility? Whether you are shopping equipment for a rehabilitation, physical therapy, or medical clinic, we offer fitness equipment

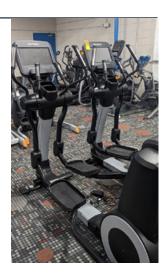


PRE-OWNED EQUIPMENT & LEASING **OPTIONS AVAILABLE**

We receive pre-owned fitness equipment daily. Much of our used inventory is newly off leased equipment that has passed all diagnostic testing. We only sell safe and reliable pre-owned equipment.

For businesses large & small, equipment leasing is quickly becoming the preferred method of financing. Leasing equipment maximizes cash flow with lower monthly payments that open options for financial growth.

If you are on a budget and looking for options, contact Fitness Things today to find out more.



SERVICE & PREVENTATIVE MAINTENANCE

ROOKIE

\$99/ MONTH

- Under 5 Units of Cardio
- Includes 1 PM Per Year
- 2 General Check-Ups Per Year
- 2 Cases of Equipment Wipes

PRO

\$199/ MONTH

- Under 6-10 Units of Cardio
- Includes 2 PM Per Year
- 2 General Check-Ups Per Year
- 4 Cases of Equipment Wipes

ALL-STAR

\$349/ MONTH

- Under 11-25 Units of Cardio
- Includes 2 PM Per Year
- 10 General Check-Ups Per Year
- 6 Cases of Equipment Wipes

HALL OF FAME

\$499/ MONTH

- Over 25 Units of Cardio
- Includes 2 PM Per Year
- 10 General Check-Ups Per Year
- 12 Cases of Equipment Wipes

When it comes to service, we perform on the ultimate stage! Not only do we offer residential and commercial diagnostics and repairs, we also offer options for corporate preventative maintenance programs. If your machine needs a repair or update, we provide a written quote, schedule an appointment around your schedule, then send our skilled and experienced factory-trained technician to address the issue. Get the kind of service you deserve with a subscription program designed around you!

ALL PACKAGES INCLUDE:

- 100% Service Guarantee
- Service Fast Pass Guaranteed Response in 48 Hours
- All service calls and labor covered under plan
- 15% off parts*
- 1+ Preventative Maintenance visits included
- Equipment wipes

*Exclusions may apply



SALES MANAGER

Burny Mitchem 810-560-0853 bmitchem@allproexercise.com

MICHIGAN - EASTERN

Jason Swekel 734-934-2859 jason@fitnessthings.com

MICHIGAN - WESTERN

Brett Veltema 616-690-8225 brett@fitnessthings.com

ILLINOIS

Neala Endre 847-772-2072 neala@fitnessthings.com

WISCONSIN

Ron Nelson 414-640-8582 rnelson@fitnessthings.com

OHIO

Burny Mitchem 810-560-0853 bmitchem@allproexercise.com



888-844-8422 fitnessthings.com